



BIRTHRIGHT
of Onondaga County
RESOURCE CENTER
for Pregnant Women
and Mothers in Need

346 N. Midler Avenue
Syracuse, NY 13206
Local Office: 315 479-5807
Website: ww.BirthrightSyr.org.



*Be the bright light
and hope for the future
of our unborn.*

For Birthright news and updates, send your email address to us @ BirthrightOnondaga@outlook.com and check us out on Instagram and Facebook.

*Thank you... On behalf of many
pregnant women, new mothers
in need, and the unborn!*

**POST OFFICE
BULK MAIL
PERMIT
#1550**

BIRTHRIGHT of Onondaga County

**HOLIDAY
HELP
FOR
PREGNANT
WOMEN
AND
MOTHERS
IN
NEED**



CNY PREGNANCY RESOURCE CENTER

Est. 1977

Fall/Winter 2024

*Alone we can do so little; together
we can do so much." Helen Keller*



Knights of Columbus 5186,
4398, 10904 and 12035
Ellen H. and Pat P.
The Barrett's
Dean and Sharon B.
Frank and Donna V.
Carolyn and Kurt P.
Sam and Sharon C. -
CNY Community Fdn.
Terrance and Joan D.
Craig and Barbara F.
David T. and Catherine F.
Fred and Gloria D.
Kathy D. and Marilyn M.
Lisa A.
Lisa Z. and Deb B.
Louis and Joan R.
Marilyn M.
Marty S.
Mary M.
Michael and Dawn T.
Michael E.
Michelle P.
Peter & Barbara I.
Robert & Maryanne K.
Sarah and Peter S.
Sharon F.
Thomas and Delores B.
Toni C.
Cheryl W.
Paul W. and Jean T.
Thomas S.
Brian and Jean O.
Sheila S.
Joseph and Gail H.

**TO ALL OUR FRIENDS AND
GENEROUS DONORS WHO
RESPECT LIFE:**

Blessed Sacrament
Sacred Heart Food Pantry
Pope John XXIII Church
St. Mary/Augustine Church
St. Daniel Church
St. Elizabeth Ann Seton
St. Mary's Connections
St. Mary of the Lake
St. Matthew/St. Mary and
St. Francis Community
St. Michael/St. Peter
Church and Youth
Transfiguration Church
Word of Life Assembly
of God
Faith Chapel Church
Ladies Ancient Order of
Hibernians – Mary F.
Bishop Grimes Students
Patrick J. & Associates

All knitters, crocheters
and quilters
incl. Elibridge
Community Church
Pat S.
Patsy D.
Karen P.
Pat D.
Connie M.

***And all those who fill our emergency needs-
You know who you are; we are truly grateful.***

**Birthright participated in community outreach events in 2024
to benefit pregnant women and mothers in CNY:**

First Annual Community Baby Shower sponsored by Healthy Families NY at Salt Space Black Box Theater, 103 Syracuse on September 6. It was an opportunity for pregnant women and their partners, as well as new parents, to get connected to valuable local resources focusing on providing resources and educating families about pregnancy, birth, and parenthood.

Birthright was one of many tables set up providing information from many community health professionals and human service providers. Door prizes were provided by vendors including Birthright. We also provided personal care kits for newborns and new moms. This will be an annual outreach event for CNY families.



2024 Catholic Women's Conference at the On-Center on October 26. More than 600 women, mothers and grandmothers attended a very informative day - One grandmother found the perfect hand-crocheted blanket and christening outfit at our table! Congratulations to the winners of hand-made baby quilts and blankets donated by local quilters and knitters.

*Caring for mothers and babies
in CNY since 1977*

Birthright
of Onondaga County

*Thank you!
Thank you!*

2024 FALL/WINTER WISH LIST

- Newborn Diapers, Wipes and Pacifiers
- Baby Wash and Towels
- Baby Food and Formula
- Sleepers: Newborn and 9 to 24 months
- Infant Sleep Sacks
- Snowsuits, Winter Coats, Hats & Mittens
- Onesies: Newborn and 12 to 24 months
- Newborn Sweaters, Hats/Booties, Hoodies
- Plush Blankets & Receiving Blankets
- Umbrella Strollers, Infant Toys/Books
- Personal Care Items for Babies/Mothers

**A Resource Center for
Pregnant Women and
New Mothers in Need**

346 N. Midler Ave., Syracuse NY /13206
315 479-5807

**Walmart Gift Cards
or Direct Donations**

BIRTHRIGHT IS:

A Resource Center to rescue and revive women during and after pregnancy – a caring place without judgment or cost.

OUR MISSION is to offer support, necessities, options and information to local women so they can make positive and informed decisions for the best health and wellness for themselves and their families – for new beginnings with hope.

- ♡ We can be reached 24/7 at our local office 315 479-5807 and at the Onondaga County Help Line @ 211.
- ♡ Resources focused on relieving family stress and on mothers' and families' overall health and well-being.
- ♡ We give immediate support for pregnant women before birth by offering free pregnancy tests, sonograms, personal care products, clothing and outerwear and referrals for other necessities – medical, dental and mental health care, immediate and safe housing, meals and food and much more.



PRAYER FOR MOTHERS AND THE UNBORN

We pray to save and protect our helpless little ones, who are gifts of life to families and our country.

Touch the hearts of women who do not think of motherhood. Dispel all fear and selfishness and give women courage and true hearts to give their unborn all the love and every advantage needed to live and enjoy life.

***Give our leaders wisdom to recognize and support life from conception into eternity.
Amen.***

BIRTHRIGHT IS A KEY PREGNANCY CARE RESOURCE

As part of its “Working with Moms in Need” initiative, the Respect Life Office of the Syracuse Catholic Diocese has recognized Birthright as a recommended pregnancy care center in our community. The U.S. Catholic Bishops have called upon local parishes to bear witness to the beauty and dignity of human life by assisting women in their communities through encouragement and providing basic life necessities. Birthright volunteers fulfill this important mission. We are grateful to all participating parishes, contributing organizations and individuals.

**In Living Memory of a Life Richly Lived
and a Heart So Deeply Loved, especially at
this time of year:**

**PEGGY EBERL
ETHEL NORTON
JAMES PERKINS**

**and all others in our hearts and our circle
of family and friends...We remember.**



A special thanks to all volunteers and Board Members for the consistent generosity of time, energy and creativity – True charity in motion.

It is our hope that we all will someday know the effects of our ministry and our rewards in Heaven.



Syracuse continues to be one of the poorest cities in the U.S. ranking second in the U.S. for child poverty @ 45.8%. (The national level is 12.4%.) The poverty threshold for a family of four to meet minimum needs is \$25,700.



BABY TALES

Just a few short stories of those we gladly serve:

A mother of two was on her way to the Salvation Army Shelter for the second time. Her apartment was no longer livable and she had lost all children's clothes. We provided clothing, blankets, personal care and our resources sheets for food, etc.

A grandmother had applied for custody of a 3-day old baby. She had nothing at all so we provided a newborn layette with snowsuit as well as a special formula and other items she requested for this newborn.

A pregnant woman expecting her first child came to us – Her preemie was under 2 lbs. at birth. She needed everything including preemie outfits, snowsuit to bring her child home. We provided a layette as well as “What to Expect the first Year” for this new mom.

A couple from Afghanistan were expecting their first child soon. They were very excited, and they gratefully accepted a gift layette, with handmade quilt and baby toys.

A pregnant woman with one other child took two buses to visit us. She was very grateful for two full bags - a complete boy layette and winter clothes, coat, hat and mittens for her 3-year-old. Her bags were heavy so we made sure she got home safely.

A mother with a special-needs child called for Pediasure, a special nutritious balanced drink (like formula) for toddlers – she was almost out and the child could not tolerate most food. We made an appointment for the next day and this mom picked up a supply of Pediasure.

A young couple saw our Wish List in the Catholic Sun and went shopping. They donated every type of baby goods filling our entire office. What a blessing to Birthright and an awesome example of charity in action for their children. Thank you and God bless.



OUR CHRISTMAS CORNER

You can help to make happy holidays and to benefit families in need – call us (315 479-5807) or stop in to see pro-life Christmas ornaments - for a donation of only \$5 each or 3 for \$10.



We have many different and beautiful ornaments to choose from - each with a precious message on the back to give as gifts or for your own tree!

2025 RIGHT TO LIFE CALENDARS

For any donation, you can have a R T L 2025 Calendar.....Call us @ 315 479-5807.



